



TRAUMA-INFORMED CRISIS RESPONSE GUIDE



Research-based trauma informed practice tool for non-clinicians & new clinicians to triage aid needed for a Mental Health Crisis Incident

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WHAT IS THIS?

A Researched-Based Trauma-Informed Guide to follow (and fill in) to both differentiate between and for responding to a person who may be experiencing a MH crisis, substance use/abuse crisis, medical emergency, other crisis or emergency situation.

This is a 20-page Tool/Guide walking you through how to assess the risk acuity of a potential crisis situation from severe to moderate to low + post incident checklist

WHAT'S INCLUDED?

In addition to the 20-page Guide, included in this Tool:

- An "If this happens, then do this" script to follow for easy execution
- Easy Access Graph Guide for Acuity Levels + these can be posted in your agency for convenient accessibility for all
- Oldenburg Burnout Inventory + 3 Self-Care Handouts to explore what you need ongoing
- Post-Incident Self-Care Idea Graph for rebalancing your own nervous system after the incident
- 3 Boundary-setting Journal Templates with prompts for reflecting on your ability to set and keep boundaries to protect your nervous system

BENEFITS

1. Designed for non-clinical staff

This is beneficial for volunteers, non-profits, administrative staff & new providers who have little to no experience identifying a mental health crisis.

2. Trauma-Informed language & design

Is used throughout the Guide. This is important both for staff to use human-centered language with person in crisis, and within Guide itself to assure accessibility for everyone.

3. Includes boundaries & self-care

This is beneficial for staff/volunteers to care for themselves post-crisis incident, somatic interventions listed. Learning how to set professional boundaries increases staff satisfaction & reduces turn-over.



AT A GLANCE

HIGHLIGHTS

- Affordable for every size agency
- Designed with every human in mind
- One-time purchase, make copies as needed

BENEFITS

- Direct Cost for Tool : \$550.00
- Add on Virtual Workshop : \$350.00



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"For over 8 years, our companies have been improving the mental health of adults through psychotherapy and through writing, microlearning, content development, and speaking engagements for the wider public."