

Looking Inside weekly check in

DATE _____

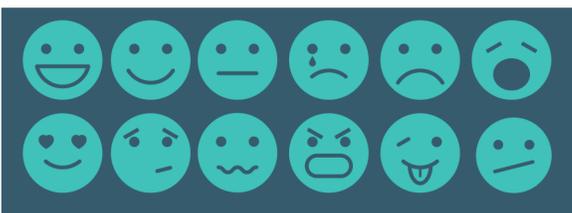
RELATIONSHIP WITH SELF, BODY & HEALTH

RELATIONSHIP WITH OTHERS & HEALTHY CONNECTION

RELATIONSHIP WITH CREATIVITY & FREE THINKING

SPIRITUAL & HOLISTIC HEALTH

THIS WEEK I FELT



MY RANKING OF THE WEEK

